# Embolization for Placenta Accreta Spectrum

JONATHAN GROSS, MD



No relevant disclosures

# Embolization for Uterine Pathology

- Reactive measure to treat hemorrhage
  - ▶ Malignancy
  - Arteriovenous malformations
  - Retained products of conception
  - ▶ Fibroids

- ▶ Prophylactic measure
  - ► Control hemorrhage
    - ► Immediate hysterectomy
    - ▶ Delayed hysterectomy

- ▶ Prophylactic measure
  - Control hemorrhage
    - ▶Immediate hysterectomy
    - ▶ Delayed hysterectomy
  - Decrease need for hysterectomy
    - ▶ Preserve fertility



- ► Evidence is limited and of low quality
  - ► Small case series
  - ▶ Retrospective
  - ▶ Few include well matched control group

- ► Evidence is limited and of low quality
  - ▶ Do not distinguish between
    - ▶ Patients with different severity of invasion
    - ► Elective vs emergent procedures

- ► Evidence is limited and of low quality
  - Do not distinguish between different approaches to embolization
    - ▶ Vessels embolized
    - ▶ Embolic agent used

- Does embolization improve outcomes for patients who undergo cesarian hysterectomy?
  - Decrease blood loss and need for transfusion during surgery?

- Does embolization improve outcomes for patients who do not undergo cesarian hysterectomy?
  - Delayed interval hysterectomy
  - Preservation of uterus and fertility

#### SMFM Papers

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# Placenta Accreta Spectrum Treatment With Intraoperative Multivessel Embolization: the PASTIME protocol

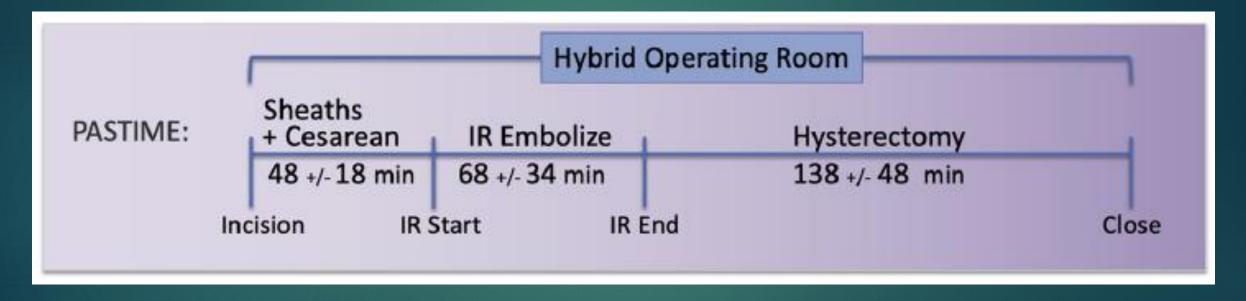


Dora J. Melber, MD; Zachary T. Berman, MD; Marni B. Jacobs, PhD, MPH; Andrew C. Picel, MD; Charlotte L. Conturie, MD; Kathy Zhang-Rutledge, MD; Pratibha S. Binder, MD; Ramez N. Eskander, MD; Anne C. Roberts, MD; Michael T. McHale, MD; Gladys A. Ramos, MD; Jerasimos Ballas, MD, MPH; Thomas F. Kelly, MD

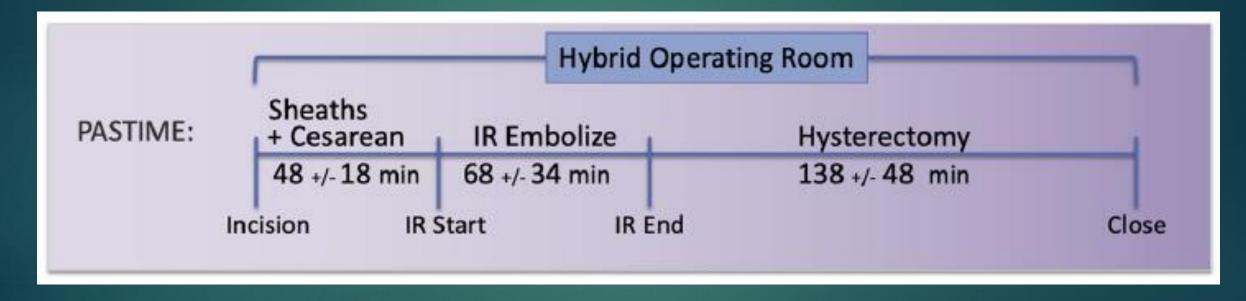
- Compare outcomes
  - ▶ Embolization

VS

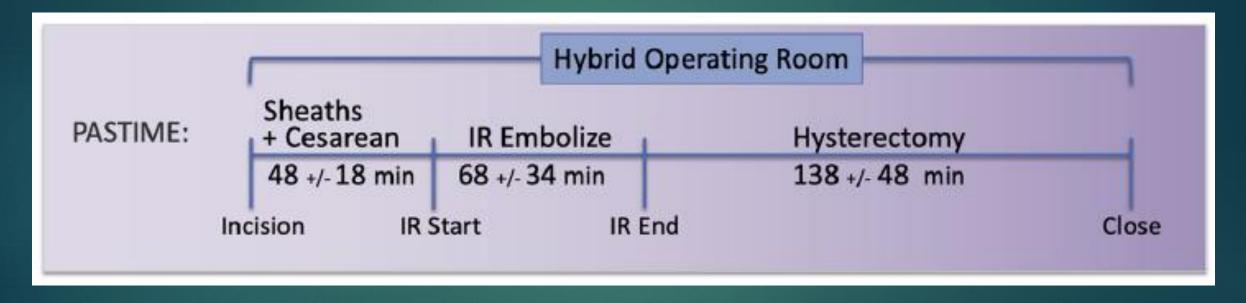
Internal iliac artery occlusion balloons



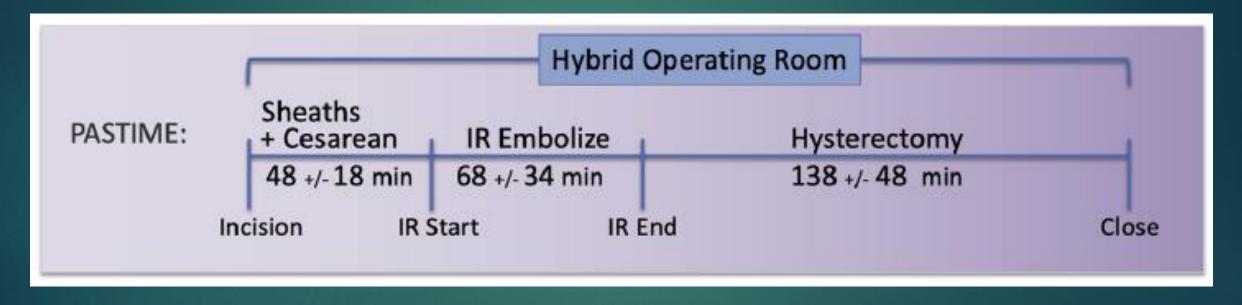
Femoral sheath













- ▶ Control group
  - ► Internal iliac artery occlusion balloons
  - ▶ no embolization

TABLE 2
Surgical outcomes of the treatment groups

Surgical outcomes	PASTIME (n=15)	Historical (n=30)	<i>P</i> value
Total RBCs (units)	0 (0-2)	2 (0-5.75)	.045 <sup>a</sup>
All blood products (units)	0 (0-2)	2 (0—10.5)	.04ª
Transfusion (cases)	5 (33.3)	19 (63.3)	.11
Massive transfusion (≥10 units RBCs in 24 h)	0 (0.0)	5 (16.7)	.15
EBL (mL)	750 (450—1050)	1750 (1050—2500)	.003 <sup>a</sup>
Cystotomy, intentional	4 (26.7)	4 (13.3)	.41
Superficial serosal bladder injury	0 (0.0)	1 (3.3)	1.0
Death from hemorrhagic shock	0 (0.0)	2 (6.7)	.55

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IR complication	0	3
Hematoma at access site	0	3
Off-target embolization	0	0
Wound complication	5	6
Wound infection	1	3
Wound separation	4	3
Pelvic hematoma or abscess	0	3
Urologic	2	7
υτι	1	3
Urinary retention	0	2
Bladder fistula	1	1
Postoperative AKI	0	1
Gastrointestinal: ileus	0	8
VTE	0	3
PE	0	1
Ovarian vein thrombosis	0	2
Postoperative bleeding	0	1
Death within 30 d	0	1
Total	7	32

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#### Conclusions

- Multidisciplinary care and prophylactic embolization
  - decrease blood loss

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  - decrease need for transfusion

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- Multidisciplinary care and prophylactic embolization
  - decrease blood loss
  - decrease need for transfusion
  - Do not increase complications

# Embolization Prior to Hysterectomy

CLINICAL STUDY



Uterine Artery Embolization following Cesarean Delivery but prior to Hysterectomy in the Management of Patients with Invasive Placenta

Melinda Wang, BS, Deddeh Ballah, MD, Alana Wade, MD, Andrew G. Taylor, MD, PhD, Gabrielle Rizzuto, MD, Benjamin Li, MD, Jennifer Lucero, MD, Lee-May Chen, MD, and Maureen P. Kohi, MD, FSIR

# Embolization Prior to Hysterectomy

- ▶ Outcomes
  - ▶7 prophylactic embolization VS
  - ▶ 24 no endovascular intervention
    - ▶No embolization
    - ▶No occlusion balloon

# Subset of Patients with Most Severe Placental Invasion

	Embolization group	Control group	P value
Blood loss (mL)	1500	2500	0.004
Mean transfusion requirement (mL)	150	700	0.009
Length of ICU stay (Days)	0	1	0.04

# Subset of Patients with Most Severe Placental Invasion

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Blood loss (mL)	1500	2500	0.004
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Mean transfusion requirement (mL)	150	700		0.009
Length of ICU stay (Days)	0	1		0.04

### Post-Operative Complications

- ▶ Complications
  - ► Embolization group
    - None
  - ► Control group
    - ▶ 17% (4/24 patients)
      - ▶ Peritonitis
      - Ureteral injury
      - ▶ Ongoing hemorrhage

- ► For patients with *high grade PAS*, prophylactic embolization prior to cesarian hysterectomy
  - ▶ Safe

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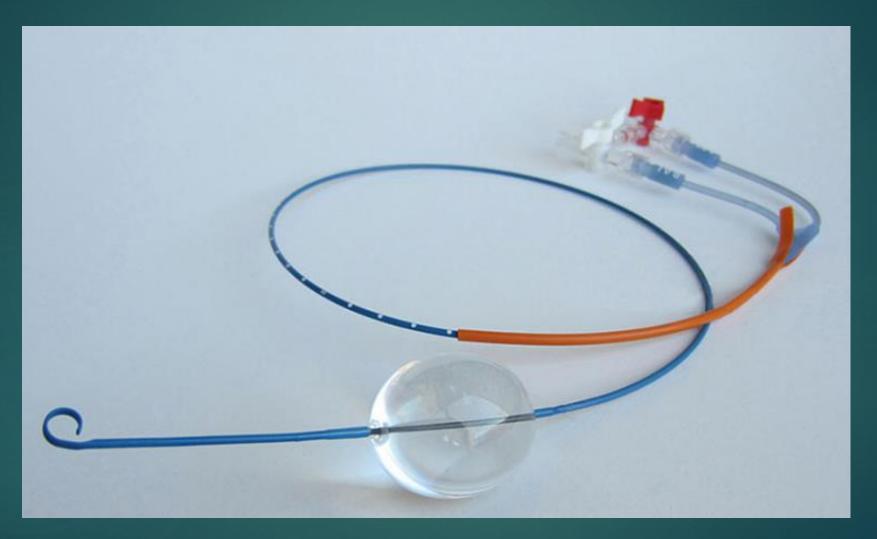
- ► For patients with high grade PAS, prophylactic embolization prior to cesarian hysterectomy
  - Safe
  - Decreases blood loss
  - ▶ Decreases transfusion requirement
  - Decreases ICU stay
  - May improve surgical outcomes by creating a "dry" surgical field

Does embolization improve outcomes from cesarian hysterectomy?

- Does embolization improve outcomes from cesarian hysterectomy?
  - ▶ Probably

▶ Is it worth doing?

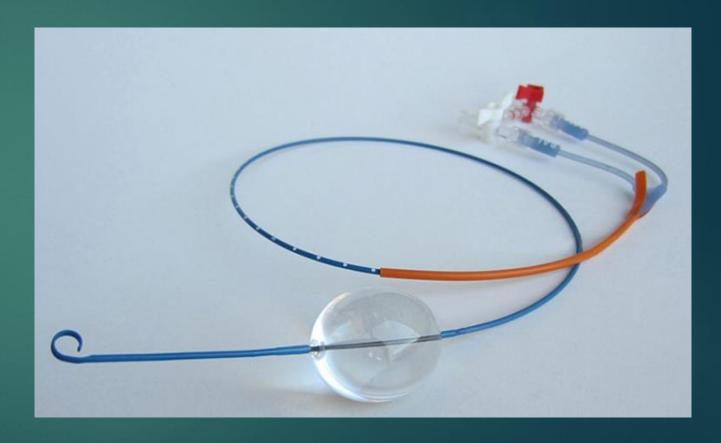
- ▶ Is it worth doing?
  - ▶ Well...



REBOA occlusion balloon

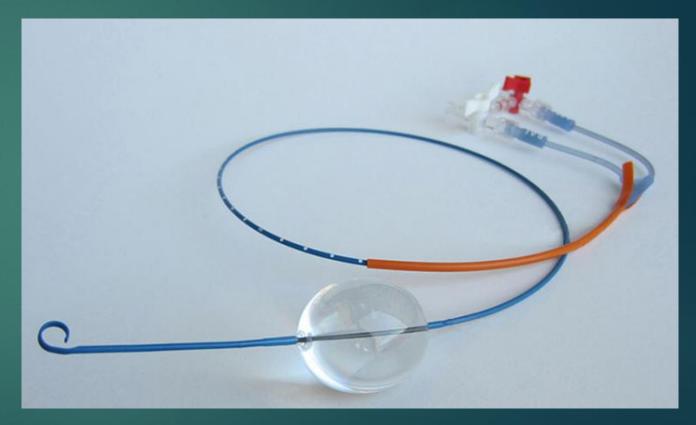
#### Embolization vs Occlusion Balloon

- Occlusion balloons
  - Less logistically challenging
    - →Can be placed with portable c-arm in OR



#### Embolization vs Occlusion Balloon

- ► Occlusion Balloons
  - Less technically challenging
    - No need to select individual vessels





- Does embolization decrease hemorrhage from immediate hysterectomy?
  - ▶ Probably

- ▶ Is it worth doing?
  - ▶ Maybe for patients with most extensive disease
  - Probably not for most PAS patients

### Patients Not Treated With Cesarian Hysterectomy

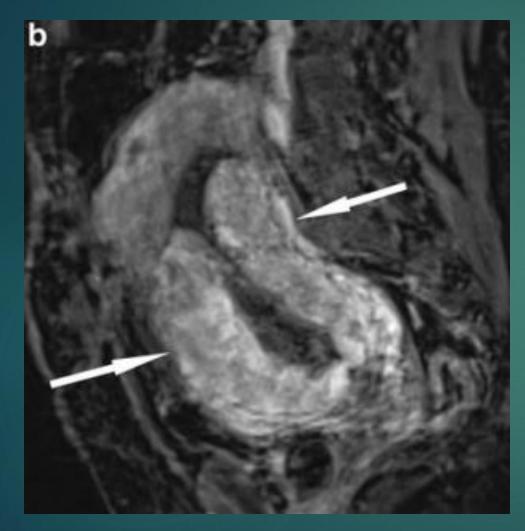
- Does embolization improve outcomes in patients who do not undergo immediate hysterectomy?
  - Patients with most severe PAS
    - May benefit from delayed hysterectomy(?)

### Patients Not Treated With Cesarian Hysterectomy

- Does embolization improve outcomes in patients who do not undergo immediate hysterectomy?
  - Patients with most severe PAS
    - May benefit from delayed hysterectomy(?)
  - ▶ Patients who wish to avoid hysterectomy
    - ▶ Potentially preserve fertility

#### Devascularization of Placenta

- Accelerates resorption of the placenta
  - ▶ Embolization: 17 weeks
  - ▶ No embolization: 32 weeks



No Embolization



Post-Embolization

#### Transfusion Requirements with Hybrid Management of Placenta Accreta Spectrum Incorporating Targeted Embolization and a Selective Use of Delayed Hysterectomy



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Address for correspondence Luke A. Gatta, MD, Maternal-Fetal Medicine, 2608 Erwin Road, Suite 220, Durham NC 27705 (e-mail: luke.gatta@duke.edu).

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<sup>&</sup>lt;sup>2</sup> Division of Maternal-Fetal Medicine, Duke University Hospital, Durham, North Carolina

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<sup>&</sup>lt;sup>5</sup> Department of Anesthesiology, Duke University Hospital, Durham, North Carolina

<sup>&</sup>lt;sup>6</sup>Department of Radiology and Medicine, Duke University Hospital, Durham, North Carolina

<sup>&</sup>lt;sup>7</sup> Department of Pathology, Duke University Hospital, Durham, North Carolina

### Delayed Hysterectomy

- Outcomes from immediate and delayed hysterectomy
  - ▶ Embolization
  - ▶ No embolization

Transfusion Requirements with Hybrid Management of Placenta Accreta Spectrum Incorporating Targeted Embolization and a Selective Use of Delayed Hysterectomy

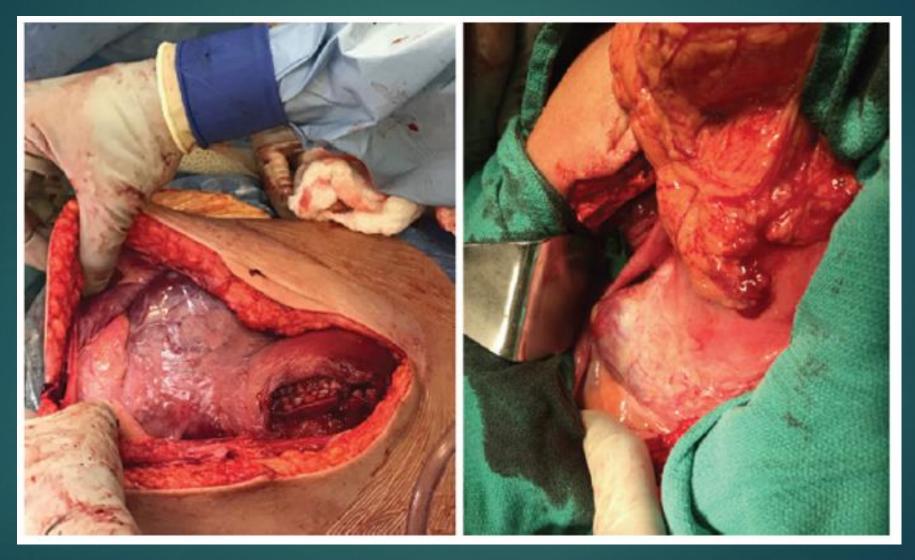


	Scheduled		
	Embolization	No Embolization	
Total EBL	1.275	3	
% requiring blood	30%	83%	
% requiring FFP	10%	50%	
% requiring ICU	0%	50%	

	Scheduled		
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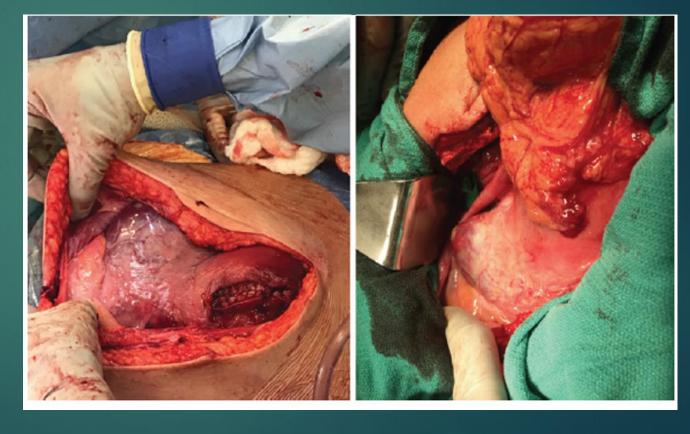
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Day 0

Day 42

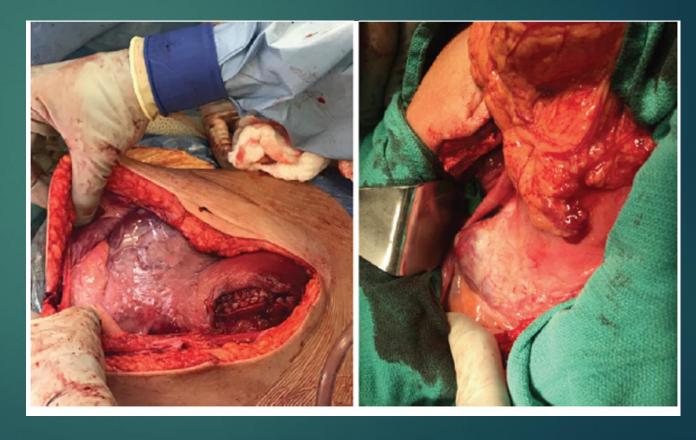
Does embolization improve outcomes from delayed hysterectomy?



Day 0

Day 42

- Does embolization improve outcomes from delayed hysterectomy?
  - ▶ Probably



Day 0

Day 42

### Uterine Preservation

Does embolization decrease need for hysterectomy?



#### Uterine Preservation

- Does embolization decrease need for hysterectomy?
  - ► Conflicting evidence



- ▶ 45 patients with uterus preserving surgery
  - ▶ 26 UAE at time of delivery
  - ▶ 19 no endovascular intervention

- ▶ Embolization
  - ▶ Did not decrease need for hysterectomy

- ▶ Embolization
  - ▶ Did not decrease need for hysterectomy
  - ▶ Did not decrease need for massive blood transfusion

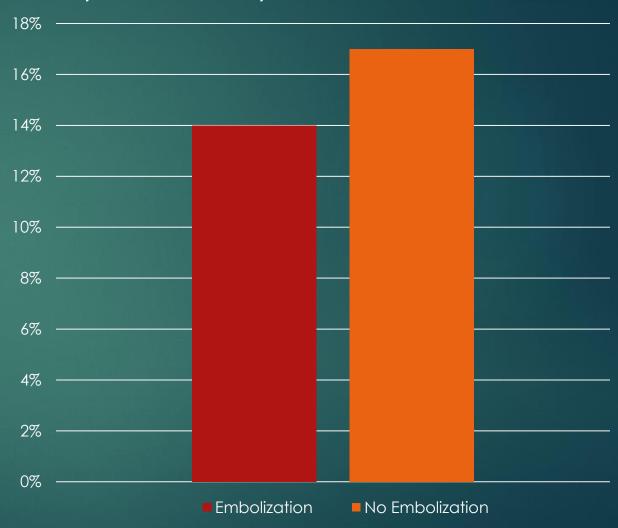
- ▶ Embolization
  - ▶ Did not decrease need for hysterectomy
  - ▶ Did not decrease need for massive blood transfusion
  - ▶ 1 patient required urgent hysterectomy for uterine necrosis

#### Uterine Preservation

- ▶ 272 women with uterus preserving treatment
  - ▶ 64 underwent embolization
  - ▶ 208 no embolization

### Hysterectomy- All Patients with PAS

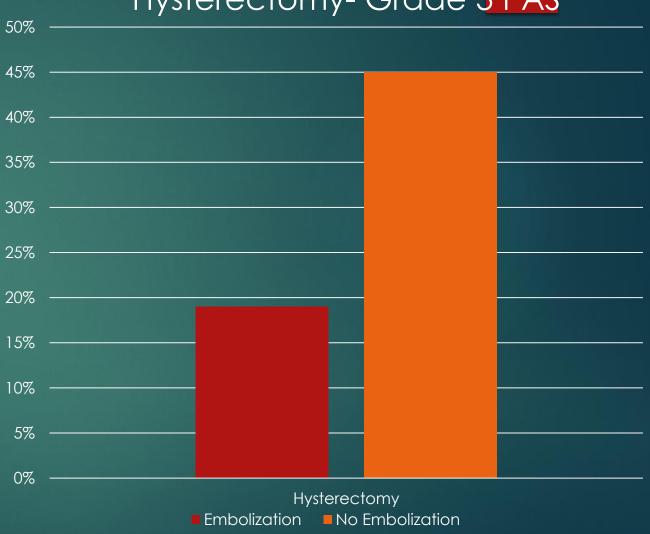
- ▶ Hysterectomy, all patients
  - ▶ Embolization 9/64 (14%)
  - No embolization 35/208 (17%)



Mohr-Sasson, et al. Acta Obstet Gynecol Scand 2020

### Hysterectomy- Grade 3 PAS

- Hysterectomy, patients with grade 3 PAS
  - ▶ Embolization 19%
  - ▶ No embolization 45%



Mohr-Sasson, et al. Acta Obstet Gynecol Scand 2020

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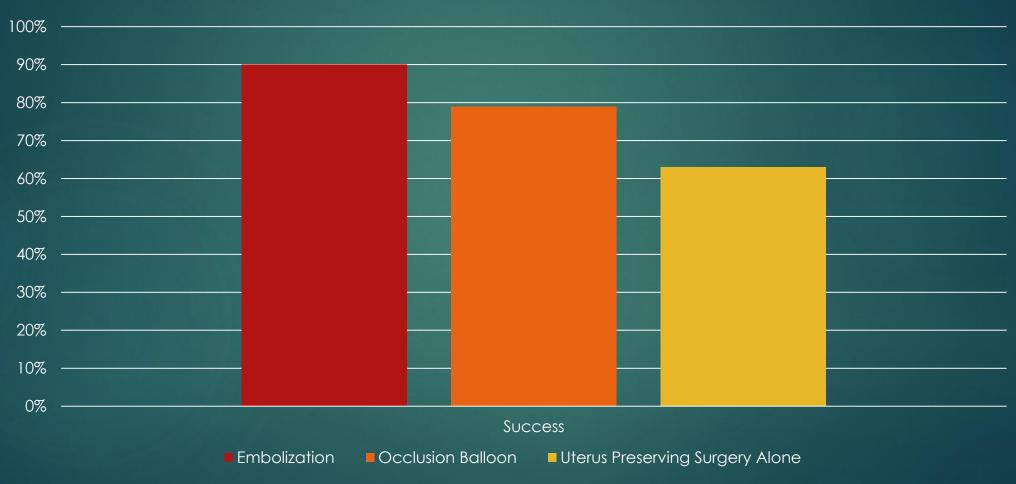
REVIEW

# Systematic review of uterus-preserving treatment modalities for abnormally invasive placenta

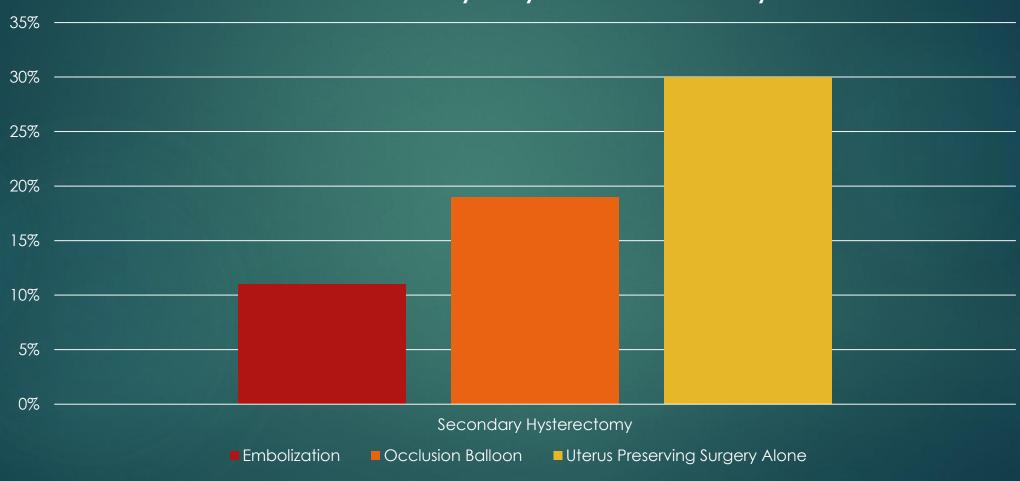
J. Mei, Y. Wang, B. Zou, Y. Hou, T. Ma, M. Chen & L. Xie

Department of Obstetrics and Gynecology, Sichuan Academy of Medical Sciences, Sichuan Provincial People's Hospital, Chengdu, P. R. China

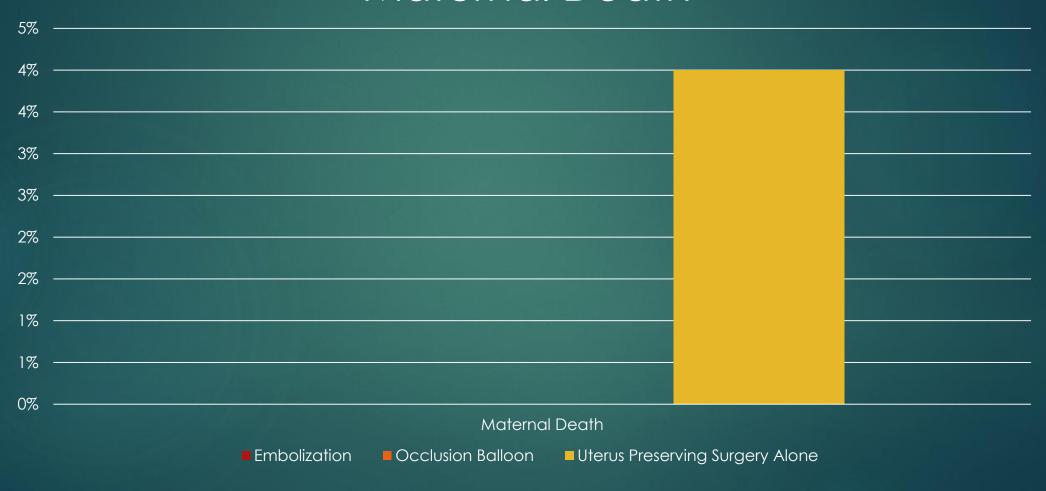
### Successful Uterus Preservation



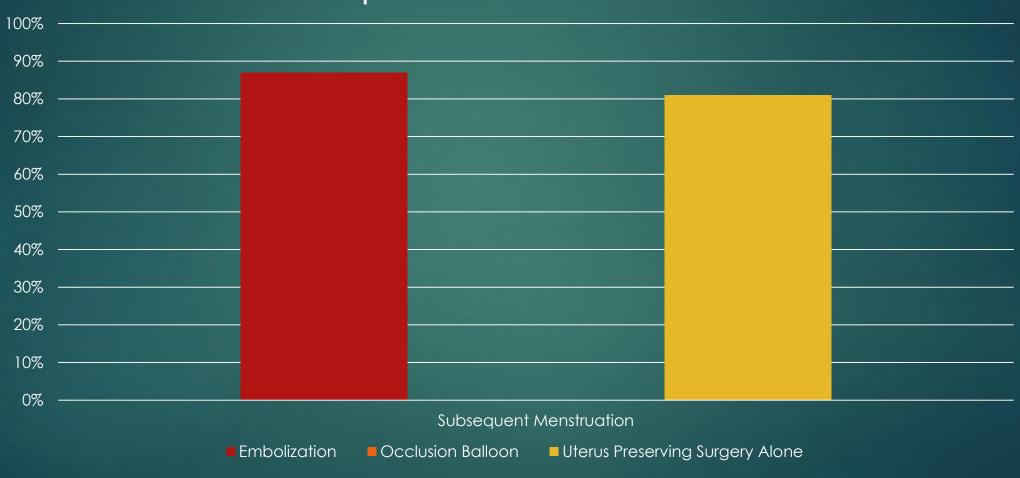
### Secondary Hysterectomy



### Maternal Death



### Resumption of Menstruation



- Does embolization decrease need for hysterectomy?
  - ► Conflicting evidence



Does embolization negatively to impact fertility?



# Does Embolization Decrease Fertility?

- Conflicting data from the fibroid literature
  - ▶ Decreased ovarian reserve?
  - ▶ Spontaneous abortion?

# Impact on Future Pregnancy(?)

- Meta-analysis of outcomes
  - 483 subsequent pregnancies in women who required embolization for postpartum hemorrhage during a prior pregnancy

# A systematic review and meta-analysis of obstetric and maternal outcomes after prior uterine artery embolization

Shinya Matsuzaki<sup>©1,2,3,7™</sup>, Misooja Lee<sup>1,7</sup>, Yoshikazu Nagase<sup>1</sup>, Mariko Jitsumori<sup>1</sup>, Satoko Matsuzaki<sup>3,4</sup>, Michihide Maeda<sup>2</sup>, Tsuyoshi Takiuchi<sup>1</sup>, Aiko Kakigano<sup>5</sup>, Kazuya Mimura<sup>1</sup>, Yutaka Ueda<sup>1</sup>, Takuji Tomimatsu<sup>1</sup>, Masayuki Endo<sup>1,6</sup> & Tadashi Kimura<sup>1</sup>

Compared with pregnancies in the general population

- ▶ No difference in risk of
  - ▶ Placenta previa

- Compared with pregnancies without history of embolization
- ▶ No difference in risk of
  - ▶ Placenta previa
  - ▶ Fetal growth restriction

- Compared with pregnancies without history of embolization
- ▶ No difference in risk of
  - ▶ Placenta previa
  - ▶ Fetal growth restriction
  - ▶ Preterm birth

- Compared with pregnancies without history of embolization
- ► Increased risk for
  - ▶ PAS
  - Post-partum hemorrhage

TABLE 4 Long-term outcomes					
	CD with UAE (n = 49), n (%)	CD without UAE (n = 139), n (%)	<i>P</i> value		
Complete follow up	29 (59.18)	72 (51.79)	.36		
Desire to conceive	15 (51.72)	38 (52.77)	.87		
Trial to conceive	7 (24.14)	24 (33.33)	.39		
Abortion	1 (3.4)	4 (5.55)	.85		
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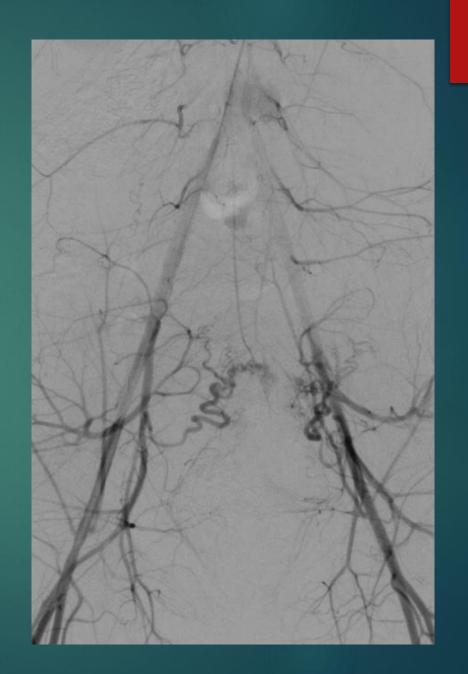
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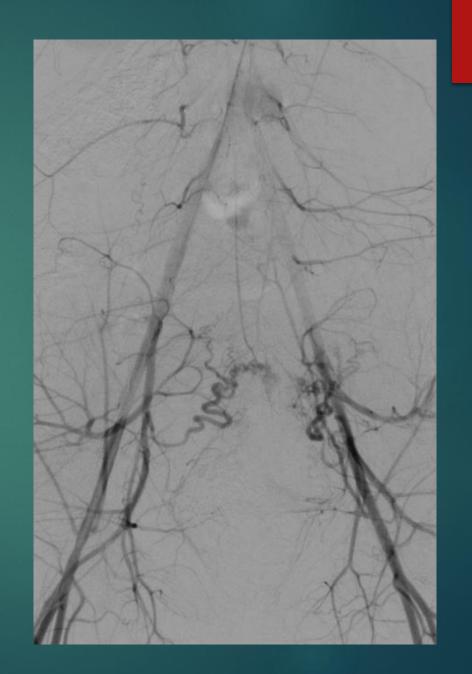
- Does embolization negatively impact fertility?
  - ▶ Probably not significantly



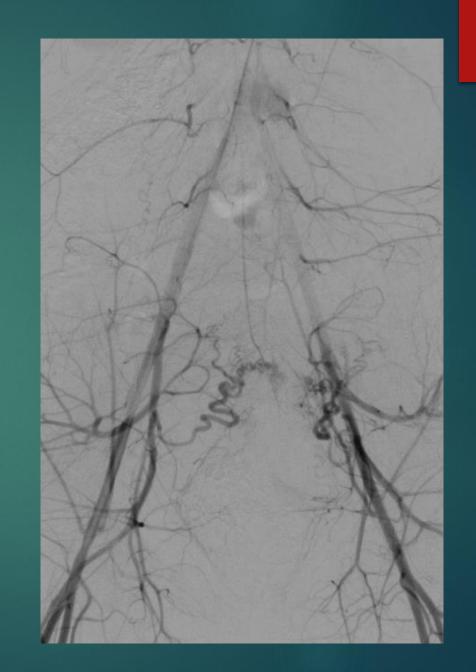
- Prophylactic embolization in the setting of PAS
  - ▶ Safe



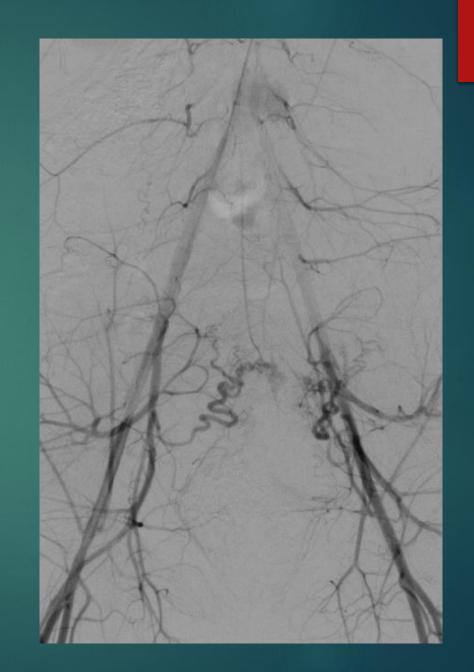
- Likely decreases hemorrhage during cesarian hysterectomy
  - Patients with most extensive disease
  - Most patients seem to do well with aortic occlusion balloon



- Delayed hysterectomy
  - Appears to improve outcomes for patients with most extensive disease

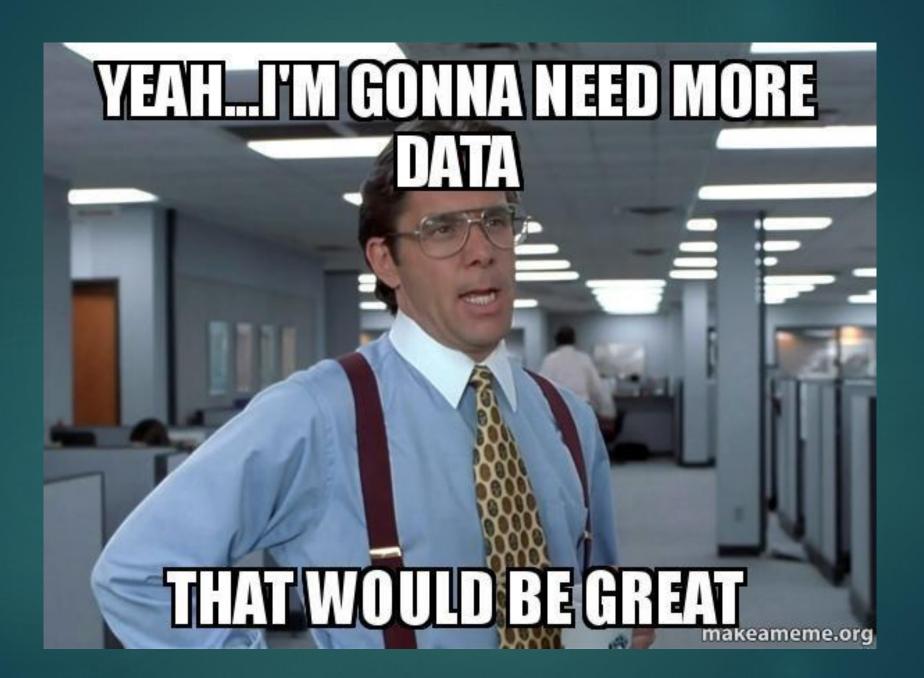


- ▶ Preservation of uterus
  - May decrease need for hysterectomy



- ▶ Fertility
  - Does not appear to adversely impact fertility





# Thank You

