Anesthesia Considerations in Placenta Accreta Spectrum

Maria Sheikh, MD MPH

Obstetric Anesthesiologist, Texas Children's Hospital Pavilion for Women

Associate Physician, U.S. Anesthesia Partners





Financial Disclosures

• No financial disclosures

Objectives



1. Recognize the role of obstetric anesthesiologists in multidisciplinary planning for placenta accreta spectrum (PAS) surgery. 2. Compare the pros and cons of neuraxial vs. general anesthesia for Cesarean hysterectomy. 3. Discuss the advantages and disadvantages of placing central venous catheters vs. peripheral IV catheters in patients with placenta accreta spectrum. 4. Formulate a plan for postoperative pain management for patients undergoing Cesarean hysterectomy.

Role of Obstetric Anesthesiologist



1-year fellowship in Obstetric Anesthesia

Referral centers for PAS

>50% of OB Anesthesia fellows have done 5+ PAS cases by graduation



Multidisciplinary planning → coordinate care with other members of the team including surgeons, transfusion medicine specialists, nursing, neonatologists, critical care physicians



High-Risk OB Anesthesia Clinic \rightarrow formulate a plan



Intraoperative and Postoperative analgesia



Oversee transfusionrelated decision-making

Factors Influencing the Primary Mode of Anesthesia

Patient

- Obesity, difficult airway, scoliosis, medical co-morbidities
- Degree of PAS → possibility of massive hemorrhage
- PREFERENCE! May be fearful of neuraxial or general

Surgical

- Type and size of incision
- Timing of hysterectomy
- Placement of vascular occlusion devices

Clinician

- Level of experience
- Availability of more than 1 anesthesia staff member

> Anesth Analg. 2022 Jul 1;135(1):191-197. doi: 10.1213/ANE.00000000005862. Epub 2022 Jan 24.

Placenta Accreta Spectrum Disorders: Knowledge Gaps in Anesthesia Care

Christine M Warrick ¹, John C Markley ², Michaela K Farber ³, Mrinalini Balki ⁴, Daniel Katz ⁵, Philip E Hess ⁶, Cesar Padilla ⁷, Jonathan H Waters ⁸, Carolyn F Weiniger ⁹, Alexander J Butwick ⁷

Table 2. Study Data of Anesthesia Modes Used for Patients With Placenta Accreta Spectrum Disorders

Reference (first author, year of publication)	Sample size (N)	Country of origin	Patients who underwent cesarean hysterectomy (%)	Primary GA (%)	Primary NA (%)	Conversion from NA to GA (%)ª
Eller et al (2009) ⁹	76	United States (Utah)	97	76	16	8
Lilker et al (2011) ¹¹	23	Canada (Ontario)	30	26	52	22
Kocaoglu et al (2012) ¹⁰	28	Turkey	61 ^b	86	7	7
Grace Tan et al (2013) ²⁵	27	Australia	100	100	0	0
Shamshirsaz et al (2015) (nonmultidisciplinary group) ¹⁶	33	United States (Texas)	NS	53	25	22
Shamshirsaz et al (2015) (multidisciplinary group) ¹⁶	57	United States (Texas)	NS	46	10	44
Nguyen-Lu et al (2016) ¹²	50	Canada (Toronto)	72	12	62	26
Taylor and Russell (2017) ¹⁴	40	United Kingdom	60	5	53	43
Wang et al (2017) ¹⁵	96	China	13	8	72	20
Markley et al (2018) ¹⁷	81	United States (Massachusetts)	93 ^b	9	73	19
Riveros-Perez and Wood (2018) ¹³	43	United States (Colorado)	91	9	21	70
Binici and Büyükfırat (2019)18	43	Turkey	<9	77	19	5

Data presented as n or %. Sum totals in each row may be >100% due to rounding.

Abbreviations: GA, general anesthesia; NA, neuraxial anesthesia.

^aIncludes planned and unplanned conversion from neuraxial to general anesthesia.

^bAll subjects with concurrent placenta previa.

Anesth Analg. 2022 Jul 1;135(1):191-197. doi: 10.1213/ANE.00000000005862.
 Epub 2022 Jan 24.

Placenta Accreta Spectrum Disorders: Knowledge Gaps in Anesthesia Care

Christine M Warrick ¹, John C Markley ², Michaela K Farber ³, Mrinalini Balki ⁴, Daniel Katz ⁵, Philip E Hess ⁶, Cesar Padilla ⁷, Jonathan H Waters ⁸, Carolyn F Weiniger ⁹, Alexander J Butwick ⁷

Table 1. Potential Advantages and Disadvantages of Neuraxial, General, and Combined Neuraxial-General Anesthesia for Cesarean Hysterectomy								
Anesthetic modality	Advantages	Disadvantages						
Neuraxial anesthesia	Patient is awake	Possible need for emergent conversion to GA						
	Bonding possible	Inferior operative conditions						
	Lower incidence of Apgar <7	Intraoperative nausea and vomiting						
	Minimal effect on uterine tone	Risk of neuraxial block failure						
	Possibly lower blood loss	Need for maternal anxiolysis or sedation						
	Possibly superior postoperative pain management depending on surgical incision	Concern for epidural hematoma in a high-blood loss surgery						
	Reduced ICU admission	Risk of postdural puncture headache						
General anesthesia	Airway secured	Failed intubation/airway disasters						
	Controlled ventilation	Unwarranted use of general anesthesia if PAS not identified						
	Superior operative conditions	Fetal exposure to anesthetic medications						
		Volatile anesthetic decreases uterine tone						
		Higher magnitude of blood loss						
		Higher incidence of Apgar score <7						
		Negative effect on neonatal bonding and breastfeeding						
		Postoperative nausea and vomiting						
		May require high-dose systemic opioid for postoperative pain control						
Elective conversion from	Reduced fetal exposure to anesthetics	Timing of laryngoscopy and intubation may not be ideal						
neuraxial to general anesthesia after delivery	Patient can see and bond with neonate	Hemodynamic instability after induction of general anesthesia in the presence of a neuraxial sympathectomy and/or possible hemorrhage						
	Airway secured for the resuscitation phase of case							

Abbreviations: GA, general anesthesia; ICU, intensive care unit; PAS, placenta accreta spectrum.

> Can J Anaesth. 2016 Nov;63(11):1233-44. doi: 10.1007/s12630-016-0695-x. Epub 2016 Jul 21.

Mode of anesthesia and clinical outcomes of patients undergoing Cesarean delivery for invasive placentation: a retrospective cohort study of 50 consecutive cases

Nhathien Nguyen-Lu 1 , Jose Carlos Almeida Carvalho $^{1\ 2}$, John Kingdom 2 , Rory Windrim 2 , Lisa Allen 2 , Mrinalini Balki $^3\ ^4$

Retrospective cohort study 50 women with PAS 68% regional anesthesia 32% general anesthesia

No difference in mean blood loss, blood transfusion units Significantly higher neonatal mean APGAR scores at 1 and 5 minutes in women who received RA before delivery

More postoperative respiratory complications in GA

Is there a difference in maternal and neonatal outcomes when utilizing general anesthesia vs. regional anesthesia in patients undergoing Cesarean delivery for PAS?

> J Matern Fetal Neonatal Med. 2022 Dec;35(25):8640-8644. doi: 10.1080/14767058.2021.1990885. Epub 2021 Oct 17.

Neuraxial to general anesthesia conversion has equitable intraoperative and improved postoperative outcomes compared to general anesthesia in cesarean hysterectomy for placenta accreta spectrum (PAS)

Jessian L Munoz ¹, Alixandria F Pfeiffer ¹, Jacqueline Curbelo ², Patrick S Ramsey ¹, Kayla E Ireland ¹

> Case-control study of 85 PAS cases undergoing Cesarean hysterectomy from 2005 - 2020

61% general anesthesia, 39% neuraxial → GA after delivery Similar operative times, estimated blood loss, maternal morbidity, ICU admission, ICU length of stay

Total postoperative length of stay reduced in patients with neuraxial anesthesia (3.76 vs. 6.35 days)

Is there a difference in maternal outcomes when utilizing general anesthesia vs. regional anesthesia followed by conversion to general anesthesia in patients undergoing Cesarean hysterectomy for PAS?

Review > Am J Perinatol. 2023 Feb;40(3):227-234. doi: 10.1055/s-0042-1757861. Epub 2022 Oct 1.

General versus Regional Anesthesia and Neonatal Data: A Propensity-Score-Matched Study

Liviu Cojocaru ¹, Cristiana Salvatori ², Amir Sharon ², Hyunuk Seung ³, Katherine Nyman ⁴, Bhavani S Kodali ⁵, Ozhan M Turan ¹

Retrospective case-control study July 2014 – August 2020 60 cases each group (RA vs GA) IADT time similar (41.5 and 46 min) Uterine incision to delivery time similar (1.5 vs 2 min) No significant difference in arterial or venous cord pH No association between maternal characteristics and APGAR's at 5 min, except at 1 min



Is there a difference in neonatal outcomes with general anesthesia vs. regional anesthesia when induction of anesthesia to delivery time (IADT) is prolonged (>10 minutes)?

Neonatal Outcomes

Large-scale high-quality observational studies in PAS are lacking

Patients with suspected PAS usually undergo planned preterm delivery

Prolonged NICU admission and morbidity can occur more often after unplanned Cesarean delivery

To evaluate potential effect of general anesthesia \rightarrow studies need to disentangle effects of:

- preterm delivery
- maternal hemorrhage
- preeclampsia
- prolonged rupture of membranes
- oligohydramnios
- non-reassuring fetal heart rate tracings

> Acta Anaesthesiol Scand. 2019 Jul;63(6):769-774. doi: 10.1111/aas.13350. Epub 2019 Mar 21.

Impact of anesthesiologist's fellowship status on the risk of general anesthesia for unplanned cesarean delivery

Jennifer L Wagner ¹, Robert S White ¹, Elizabeth A Mauer ¹, Kane O Pryor ¹, Klaus Kjaer ¹

> Anesthesiology. 2019 Feb;130(2):237-246. doi: 10.1097/ALN.0000000002534.

Anesthesiologist Specialization and Use of General Anesthesia for Cesarean Delivery

Benjamin T Cobb ¹, Meghan B Lane-Fall, Richard C Month, Onyi C Onuoha, Sindhu K Srinivas, Mark D Neuman



Presence of fellowship-trained OB anesthesiologist reduces the odds of receiving general anesthesia for Cesarean delivery (non-PAS cases)



Logistics of scheduling varies across institutions



Anesthesiologist and CRNA vs. fellowship-trained OB anesthesiologist and fellow/resident (teaching hospital)



Up to 50% of PAS cases go earlier than scheduled \rightarrow may be difficulty in providing an experienced team on short notice

Location of Delivery & Postoperative Care

> Int J Obstet Anesth. 2018 May:34:56-66. doi: 10.1016/j.ijoa.2018.01.008. Epub 2018 Feb 2.

Risk-stratification, resource availability, and choice of surgical location for the management of parturients with abnormal placentation: a survey of United States-based obstetric anesthesiologists

T R Grant ¹, E H Ellinas ², A O Kula ¹, M Y Muravyeva ¹

- No consensus on location for delivery
- L&D OR, Main OR, IR suite, Hybrid OR
- Preferred location for advanced cases is Main OR by 71% of US OB Anesthesia Division Chiefs
- Consensus also lacking on preferred location for postop care

Central vs. Peripheral Venous Access

Peripheral Venous Access

- Advantages
 - Large bore IV catheters can achieve high flow rates
 - $\circ\,$ More comfortable for the patient
 - Lower risk of infection (don't need full sterile barrier)
- Disadvantages
 - $\,\circ\,$ May infiltrate with high pressure
 - Flow may be restricted in a hypovolemic patient with high sympathetic tone
 - Cannot monitor CVP

Central Venous Access

- Advantages
 - $\circ\,$ Ability to monitor CVP, CO
 - Ability to administer high-dose vasoactive + inotropic infusions
- Disadvantages
 - Risk of arrhythmias, pneumothorax, arterial puncture
 - Time-consuming to place in an emergency
 - Uncomfortable for the patient if doing awake

Central vs. Peripheral Venous Access

> A A Pract. 2021 Mar 19;15(3):e01429. doi: 10.1213/XAA.00000000001429.

Superficial Cervical Plexus Block for Awake Large-Bore Central Line Placement in Parturients: A Case Series

Maria Sheikh ¹, Brendan Carvalho ², Jan Boublik ², Jessica Ansari ²



- Superficial cervical plexus is easy to block with 5-10cc of 1% lidocaine
- Provides anesthesia from external auricular area to below clavicle
- Low reported complication rates

<u>Int J Crit Illn Inj Sci.</u> 2012 Sep-Dec; 2(3): 135–142. doi: <u>10.4103/2229-5151.100890</u> PMCID: PMC3500005 PMID: <u>23181207</u>

Vascular access, fluid resuscitation, and blood transfusion in pediatric trauma

Nathaniel Greene,¹ Sanjay Bhananker,^{1,-3} and Ramesh Ramaiah^{1,2}



Performance assessment of intravenous catheters for massive transfusion: A pragmatic in vitro study

Andrew Milne ¹, Justin J Teng ², Andrew Vargas ³, John C Markley ², Adam Collins ⁴



MILNE ET AL.

Performance assessment of intravenous catheters for massive transfusion: A pragmatic in vitro study

Andrew Milne ¹, Justin J Teng ², Andrew Vargas ³, John C Markley ², Adam Collins ⁴

	Catheter	Туре	Flow (ml/min)	Pressure (mmHg)
	Braun Introcan 18G	Peripheral	231	300
	Braun Introcan 16G	Peripheral	458	300
	Braun Introcan 14G	Peripheral	698	300
	Arrow Two-lumen 14G Distal Port	Central	255	300
	Arrow Two-lumen 14G Proximal Port	Central	205	300
	Bard Trialysis 12G Distal Port	Central	799	300
	Bard Trialysis 12G Proximal Port	Central	765	300
>	Arrow 7 Fr Rapid Infusion Catheter	Peripheral	1000	287
>	Arrow 9 Fr PSI Kit	Central	1000	287
>	Arrow 9 Fr MAC	Central	1000	264
	Control (No catheter)	Central	1000	217

Postoperative Pain Management



Knowledge Gaps

- Optimal staffing models for scheduled and unscheduled delivery
- Ideal surgical location for delivery (L&D vs. Main OR)
- Mode of anesthesia
- Ideal ratio of blood product transfusion
- Use of pharmacological adjuncts for hemorrhage management
- Neuraxial and regional blocks for postoperative analgesia
- Preferred location for postpartum care