



Check-up Schedule Recommendations

This schedule is based on the Bright Futures/American Academy of Pediatrics 2008 recommendations.

Please note that the number of well checks covered per year by your health insurance plan is based upon the particular benefit plan, which varies by employer. Typically, insurance carriers that cover well care will follow the American Academy of Pediatrics' guidance on the number of recommended visits per year. You are responsible for verifying your insurance coverage for these visits. If you have questions about your specific coverage, please call your insurance provider.

We will offer immunizations at the appropriate visits within this schedule based on your child's individual history and his/her specific needs.

Age	Reason
3 to 5 days	
7 to 14 days	Needed to collect Texas newborn screen blood test #2 and to evaluate feeding status and weight gain.
2 months	
4 months	
6 months	
9 months	
12 months (1 year)	
15 months	
18 months	
24 months (2 years)	
30 months	

From age 3 years to 21 years, it is suggested that your child receive an annual well check.

The allowable time interval between visits is determined by your individual insurance plan.
If you have questions, please call your insurance plan to verify your coverage.